# DECEMBER 2021 - ISSUE 01





GOVT. DENTAL **COLLEGE AND** HOSPITAL, AHMEDABAD





**YOUR SMILE**• **OUR PASSION• YOUR LIFE•** 

- SPORTS
- EVENTS
- CULTURAL PROGRAMS
- CROSSWORD & QUIZ
- STUDENT CORNER





# -Phoenix 2020

-Various activities such as rangoli, face painting, mehendi and painting were organized. Sports activities included cricket, tug of war, badminton and table tennis, carrom, chess, satodiyu, volleyball, one min games and relay race.







# SPORTS

\*Ganesh Chaturthi celebration in government Dental girls hostel

Date- 13/9/2018



\*World Oral Health Day
-rally was organised from Parimal Garden
to Gandhi Ashram, Ahmedabad
Date- 20/3/2018



\* CONS-ENDO DAY Date-6/03/2020



\*Oral health awareness camp for kids

Date - 7/11/2018O



**EVENTS** 

# **CULTURAL PROGRAMS**

# \*Traditional Day(Phoenix '20)

Traditional day and Various days such as character day, twin day, group day, red day, signature day were held by the students in college



### \*Plexus(2017)

Plexus event was arranged by interns in 2017



# \*Mrudang Garba Event

-Mrudang, the garba event was organised in 2018



# \*Gala Cultural Event, 2020

-Gala cultural event was held in Asmita Bhavan, Civil Hospital,Ahmedabad

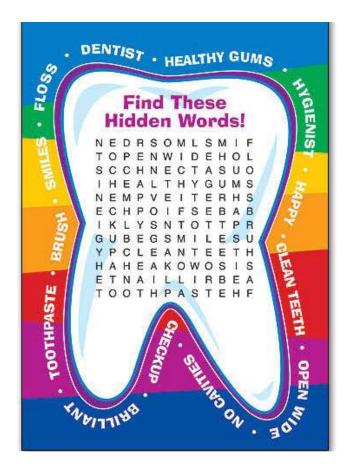


# CROSSWORD





1. A person whose profession is dentistry
2. The hardest substance in your body
3. Large back teeth used for grinding your food
4. Soft, strong thread used to clean between the teeth
5. A soft, sticky, whitish film attached to tooth surfaces
6. A brush for cleaning the teeth
7. The part of the tooth below the gums
8. A hole in the tooth caused by tooth decay
9. The pink tissue at the bottom of teeth
0. A paste for cleaning teeth



### -DENTAL HEALTH QUIZ

1.1) How many primary (baby) teeth do humans have?

a. 18 b. 20 c. 24 d. 32

2) How many permanent teeth do most humans have?

a. 24 b. 32 c. 36 d. 40

3) What is the best way to keep a healthy smile?

a. Brush teeth 2 times a day b. floss

b. floss 1 time a day

c. avoid sticky, sugary foods

d. Visit your dentist 2 times a year e all of the above

4) What is dental plaque?

a.part of a tooth b. toothpaste

c. Soft, sticky film of bacteria that sticks to the teeth

d. Sugar

5) Which of the following is a type of tooth found in adult humans?

a. incisor b. Cuspid c. Bicuspid d. Molar

e. all of the above

6) What is the hardest material in the human body?

a. bone b. fingernail c. skin d. Tooth enamel

7) Which of the following snacks is NOT good for your teeth?

a. cheese b. Milk
c. Apple d. fruit roll-up

QUIZ

# STUDENT CORNER



by Shalilni Dilli(2d yr)

# " હોસ્ટેલ "

જાણવું જ હોય તો કોઈ હોસ્ટેલ વાળા ને પૂછો જિંદગી કેમ જીવાય છે અહીંયા ભગવાન કરતા વધારે મિત્રો પૃજાય છે અહીંયા વગર તહેવારે સેલિબ્રેશન થાય છે બધી ટૂર્નામેન્ટ જોર શોર થી ઉજવાય છે જેને જીતવા દિલ ખોલીને મહેનત થાય છે પણ છેલ્લે કપ તો ચીટિંગ થી જ જીતાય છે અહીંયા પૈસા કરતા વધારે ઇન્સ્ટ્રુમેન્ટ ચોરી થાય છે રૂમ માં સ્ટડી સિવાય નું બાકી બધું જ થાય છે કોહલીનો એક શોટ આવે તો નાચી ઉઠાય છે અને પેલા પાકિસ્તાનીયો ને તો મફતની જ ગાળો અપાય છે અહીંયા ધર્મવાદ જ્ઞાતિવાદ જેવું કાંઈ નહીં મળે સીનિયર જૂનિયર બધા ભાઈ ભાઈ છે સીનિયર જાય તો બધા ચહેરા પર શોક દેખાય છે પણ નવા ફ્રેશેરસ ની તો ઇન્ટ્રો થી જ ખેંચાય છે લેક્ચર હોય 9 વાગે ને અહીં છેક પોણા નવે તો ઉઠાંય છે ઉઠીને તરત પ્રોક્સી નો જુગાડ થાય છે અહીંયા નાની નાની વાતો પર મોટા જઘડા થાય છે પણ જો કોઈ બીમાર પડે તો મમ્મી વિના એની પુરી કાળજી લેવાય છે એવું પણ નથી કે હોસ્ટેલ વાળા ખાલી રખડી જ ખાય છે ટોપર લિસ્ટ મા પણ અમારા જ સિતારા દેખાય છે અને છેલ્લે

> ભાઈ જેવા દોસ્તોનો ખજાનો છે આ હોસ્ટેલ ભુલાય જ ના એવી યાદોનો પિટારો છે આ હોસ્ટેલ

EVEN IF YOU DENY, I WILL BE THAT SMOKER ALWAYS I MELT WHEN YOU TOUCH MY LIPS, LIKE THAT CYLINDER TOUCHES TO UR CRUDGES

THE TOBACCO IS RUINING MY BREATH
LIKE YOU HAVE RUINED MY HEART WITH YOUR NOXIOUS DEVOTION AND YOU HAVE BECOME THAT WORSE HNACK
WHICH I WON'T EVER LEAVE ALWAYS YOUR LOVE IS JUST LIKE THOSE CIGGRATTE FLAMES I SHOULD, I MUST CIVE UP SOON BUT I HAVE ALREADY LOST IN THOSE SMOKES
NASTY YET WANT TO DIE FOR AGAIN AND AGAIN ....!!!

by Rutu Goswami (2nd yr)



vy Mansi Patel(Final yr)

By-Bhargav Thakkar (2nd year)

# -By Interns (2021)

Dhara Sogandhar Preet Birani Kinjal Zinzala Hetvi Parikh Mansi Desai

Shakti singh Rathod Dilip Soni **Harshil Patel** Abhi Bamania Raj Bhuptani

Guidance by Dr. Sanjay lagdive

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# JUNE 2022 - ISSUE 02





GOVT. DENTAL **COLLEGE AND** HOSPITAL, **AHMEDABAD** 





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# <u>-odyssey 2021</u>

-Various activities such as rangoli, face painting, mehendi and painting were organized. Sports activities included cricket, tug of war, badminton and table tennis, carrom, chess, satodiyu, volleyball, one min games and relay race.









# SPORTS

\*Denture Camp organized by department of Prosthodontics and Crown and Bridge Date- 04/1/2022



\*World Oral Health Day celebration week Date- 19/3/2022 to 25/3/2022



\*Dental Health Education Camp oraganized at Gandhi Vidyalaya, Asarwa, Ahmedabad Date-7/01/2022



\*1st year B.D.S students orientation programme Date - 21/3/2022



# **EVENTS**

# **CULTURAL PROGRAMS**

# \*Traditional day (2018)

Traditional day and Various days such as character day, twin day, group day, red day, signature day were held by the students in college



# \*32nd ISDR Conference (15th to 17 th Nov 2019)

32nd ISDR conference was held by the institute and a cultural program was arranged as a part of the conference banquet.



## \*Mrudang Garba Event

Mrudang, The garba event was arranged in 2017

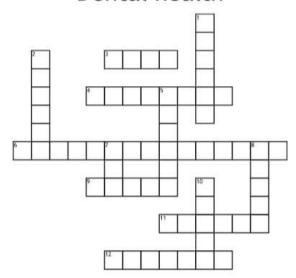


\*Diwali Celebration



# CROSSWORD

### Dental health



3. The area inside the tooth that contains the nerves and blood vessels is called what? 4. Brushing and flossing help

6. What dental profession(job position) is allowed to remove calculus? 9. You should brush your teeth \_\_\_\_\_ a day.

11. Plaque will harden if not brushed or flossed, plaque that becomes hard is called calculus, which is also known

as \_\_\_\_.
12. When flossing, the floss goes \_\_\_\_ the teeth. goes \_ Down

1. What is the outermost

1. What is the outermost layer of a tooth?
2. What is the soft material that starts to build up on your teeth after you eat, and will harden if you do not get it off by brushing and flossing?

5. When brushing your teeth, it is also important to brush

have a \_\_\_\_ph level. 8. Food and drinks high in cavities.

10. When flossing, you want the floss to \_\_\_\_\_ around



BACTERIA BRACES CANTNE

CAVITY CHECKUP

DENTIST DENTURES

ENAMEL FLOSS GARGLE

GUMS HYGIENIST JAW

MOLAR

PLAQUE

ROOT

SUGAR

DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

-	_	_	_	_	_	_	******	-	_	-	_	_	-			_	-	_
M	1	F	X	G	B	В	W	A	0	N	L	Q	U	E	D	S	M	A
Z	T	E	G	3	0	R	J	C	E	×	A	E	0	0	K	S	E	H
1	E	U	C	A	N	1	N	E	C	0	A	M	М	X	٧	0	z	G
т	M	D	E	N	T	1	s	T	H	z	U	G	D	A	0	L	M	N
s	R	A	G	u	3	P	м	D	E	w	K	K	C	G	N	F	w	В
H	L	A	0	V	L	u	E	٧	C	1	E	D	1	W	N	E	P	0
4	٧	P	X	A	R	w	P	T	K	A	1	3	т	M	0	U	X	T
G	8	D	Q	W	z	т	т	K	u	Q	1	N	٧	В	A	E	D	E
1	1	u	x	Z	Y	F	0	F	P	N	Q	R	N	E	0	P	W	т
E	E	G	L	T	U	F	0	0	Н	1	5	X	E	T	w	1	u	0
N	Q	0	X	Q	G	z	т	D	T	5	E	R	U	T	N	E	D	G
1	В	X	S	0	0	K	н	M	N	H	A	U	C	M	C	٧	L	Т
s	R	Q	J	R	٧	H	P	T	٧	C	В	W	ĸ	x	E	A	G	Q
Т	A	U	В	U	T	G	A	5	Q	G	M	R	н	E	w	T	8	A
8	C	D	×	E	A	S	s	F	0	R	P	0	U	т	E	E	L	N
×	E	т	E	R	z	T	т	X	0	z	G	D	L	5	u	1	A	W
R	3	т	G	G	E	U	E	0	D	Q	0	U	G	A	н	0	A	0
A	K	L	D	L	N	Y	т	C	A	v	1	T	Y	ĸ	R	A	M	E
Y	E	G	w	1	A	C	K	F	Y	R	1	A	F	H	т	0	0	T

MOUTHWASH TEETH OPEN WIDE TOOTH FATRY TOOTHBRUSH

> TOOTHPASTE X-RAY







# -DENTAL HEALTH QUIZ

1. Soft strong thread used to clean between the teeth is...

A. Floss B. Cavity C. Dentist

2. A soft, sticky, whitish film attached to tooth surface is...

A. Enamel B. Plaque C. Gums

3. A brush for cleaning the teeth is...

A. Molar B. Cavity C. Toothbrush

4. A hole in the tooth caused by decay is...

A. Cavity B. Root C. Gums

5. A person whose profession is dentistry is...

A. Floss B. Dentist C. Toothbrush

6. A paste for cleaning teeth is...

A. Toothpaste B. Enamel C. Gums

# STUDENT CORNER

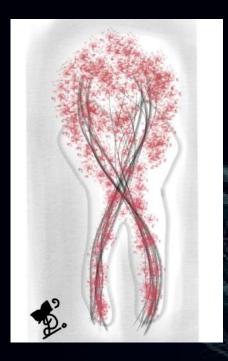
by-Vaidehi (3rd yr)

# <u>" प्रकृति की महक "</u>

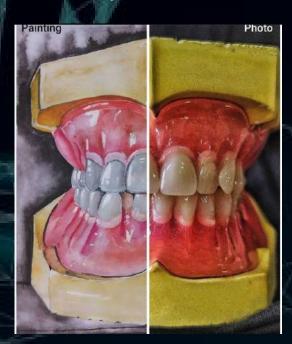
सुबह के पहर में उगते हुए सुरज से आई रोशनी, जैसे आसमान में जाने का रास्ता बना रही हो। चिडियों का चहकना, फूलों का खिलकर वातावरण को महकाना। उन ठंडी हवाओं को महसूस करना, जैसे वो आपको गले लगा रही हो। वो पत्तों का हिलना, जैसे वो खिल-खिलाकर आपको कुछ कह रहे हों। वो खेत की हरियाली ,जैसे ज़मीन पर किसी ने हरे रंग की चादर बिछा दी हो। वो बहते झरने की आवाज़, जैसे वो किसी उमंग के साथ नाच कर शोर मचा रहे हों। वो बहती नदी का निर्मल नीर ,जैसे खुशी की तरह हो और उसका ठहराव जैसे प्यार की तरह हो। और वहीं एक तरफ, जब अँधेरी रात में आसमान की देखो वो चाँद बादलों में छुप कर आपके साथ छुपन छुपाई खेल

रहा हो। वो टिम टिमाते तारे ये खेल देख मुस्कुरा रहे हों। वहीं फिर से हवा आपको गले लगाते हुए और पत्ते कानों में कुछ गुन-गुनाते हुए आपको खुशी का दिलासा दे रहें हों।

by Anukruti Tain(Intern)



by Drashti Parmar(Intern)



By-Nilesh Gadhiya (PG-2)



# -By Interns (2022)

Priya Amin Khushbu Desai Anukruti Jain Amish Shroff Anjali Zala Bhavna Kumari Dolly Chavda
Drashti Chaudhary
Megha Chowdhary
Zipal Chaudhari
Bhivaram Choudhary
Yagnik Baldaniya
Naval Baldaniya

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